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Policies and Benefits

Employee Assistance Program offers support counseling, resource referrals

TDCJ established the Employee Assistance Program to help employees and their families deal with problems at home and work. The Employee Assistance Program (EAP) is available to all agency employees and their families, and all staff members are encouraged to seek help preventing or overcoming serious health or personal problems.

TDCJ contracts EAP services through Alliance Work Partners, who offer short-term counseling, legal and financial consultation and convenient web-based support services at no cost to agency employees. In addition, the EAP can provide referrals and resources on a number of work and life topics including, but not limited to child and elder care, health and well-being, and other work and personal issues.

Online sessions take 10 to 40 minutes to complete and cover a range of topics, including health risks, fitness and goal setting, relationship satisfaction, career motivation and emotional well-being. A library of articles,



tip sheets and interactive tools are also available to assist you in reaching your goals.

- *Having financial problems?* Call EAP to consult with financial specialists, financial planners and licensed Certified Public Accountants on issues ranging from federal income tax preparation to credit counseling.
- *Dealing with a legal matter or have questions about writing a will?* The EAP offers a free legal consultation by phone or in person with a licensed attorney or legal representative with a specialization in your area of concern.
- *Needing child care, elder care or assistance in finding a new doctor?* The resource database provides online comprehensive locators and resources for child care, elder care, pet care, coun-

selors and physicians, education programs, summer camps and volunteer opportunities. The resource database also provides financial and daily living calculators, training seminars for employees and supervisors, and interactive programs with professionals.

Don't miss out on these important support resources which you can easily access by either phone or online, and remember that your Employee Assistance Program activities are always confidential. All information is strictly between you and the counselor, with the exception of certain inquiries related to drug crisis management and suicide intervention that by law must be reported to the designated agency representative.

EAP is available 24 hours a day, seven days a week through Alliance Work Partners. A toll-free call to (866) 832-5927 starts the process, or you can access online services at www.alliancewp.com. When accessing online services for the first time, employees must log in using the generic e-mail address TDCJmember@alliancewp.com, and the password AWP4me. ●